



Baycrest Bulletin

February - March 2019

A snapshot of Baycrest news and events.

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HAPPENING AT BAYCREST

Celebrating Tu B'Shevat - The Holiday of Trees

On February 10, the Donald and Elaine Rafelman Creative Arts Studio held a special art program in the Winter Garden to celebrate Tu B'Shevat, which is the Jewish holiday of trees.

Tu B'Shevat falls on the 15th day of the Hebrew month of Shevat, which marks the beginning of spring in Israel with the first blooms appearing on the almond trees throughout the land.

The art program was open to everyone, and participants included patients, residents, their companions, family members, staff and volunteers. Participants enjoyed painting pictures



of trees while listening to lively music during this celebratory event. The completed artworks from this event were assembled as a "forest" display outside the Creative Arts Studio for all to enjoy.

Call for Youth Volunteers: Summer 2020



Each year, more than 200 youth aged 13 to 25 give back to the community by dedicating a portion of their summer volunteering at

Baycrest - whether it's for a special project, ongoing programs, for just a few hours a day or full weeks of work. Baycrest's Volunteer Services Department encourages staff to consider whether

your department could benefit from the support and enthusiasm of a youth volunteer from May to August. Staff may complete a volunteer requisition on the intranet using the form titled "Internal Volunteer Position Description/Requisition." All volunteers undergo screening and comprehensive training and are placed in roles that best match their skills, experience and interests. For more information, please contact Volunteer Services at ext. 2572 or by email at volunteer@baycrest.org

Call for Players: The 2020 Scotiabank Pro-Am for Alzheimer's in Support of Baycrest



The Baycrest Foundation is looking for a few staff members and volunteers who play hockey to join our house team at the 2020 Scotiabank Pro-Am for Alzheimer's in support of Baycrest. This event is one of Baycrest's most successful and longest running fundraisers and has raised more than \$36 million since its inception in 2005.

This year, the Pro-Am will take place from April 29 to May 2. If you are 19 years of age or older, are a Baycrest staff member or volunteer, you can register for free to be on Team Baycrest. For more information or to sign up to be on the team, contact Brian Krinberg, manager of hockey operations, at BKrinberg@baycrest.org. You can learn all about the Pro-Am at baycrestproam.ca.

Preventing the Spread of Infection



The safety and well-being of everyone at Baycrest is our priority. Our residents and patients are at greater risk of contracting infections, and we are counting on you to help keep this vulnerable population safe. Please help us control the spread of germs and keep our clients safe. Everyone is reminded to be vigilant about preventing the transmission of infections through the following practices:

- Wash your hands well and often. Hand sanitizer is available at every entrance and throughout the campus. If sanitizer is not available, use soap and water.

- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your mouth and nose when sneezing. Use a tissue when you cough or sneeze and throw the tissue out. Cough into your upper sleeve if you don't have a tissue.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick or experiencing flu-like symptoms. If you have any of the following symptoms, please refrain from visiting Baycrest: fever, cough, shortness of breath, sore throat, runny nose, vomiting or diarrhea.

As always, residents, patients and their families can contact a member of the care team or the manager on your unit if you have any questions. Thank you for keeping Baycrest safe from infectious disease.

Revitalizing the Baycrest Wellness Library

Between March and April 2020, construction will be taking place in the Anne and Louis Pritzker Wellness Library on the ground floor of Baycrest. This project will revitalize the space to better support the health information needs of Baycrest clients, families, visitors, staff, volunteers and community members.

The construction work includes updating the floors, built-in shelves and furniture. During this time, Library patrons will be redirected to the Culture Hub in the Apotex for access to the daily newspapers. Baycrest is grateful to the generous donors who made this project possible.

Should you have any questions or concerns, please call Maisie Brown, Project Manager, Redevelopment at mbrown@baycrest.org.

RRI: Brain and Cognition Lecture Series

Staff are invited to discover the inner workings of the most advanced computer on earth, the human brain, in an eight-week, university-style lecture series, titled Understanding Your Brain.



The series will be presented by our Rotman Research Institute (RRI). Participants will learn how the brain remembers, navigates, plans, ages and even heals itself. Presentations will include the ground-breaking research underway at the RRI, how brain science theory has evolved over the years and what researchers continue to explore.

Classes will begin on April 17, 2020 and end on June 12, 2020 and be held in the Jacob Family Theatre in the Posluns Auditorium. Registration is on a first come, first serve basis. For course information, email training@research.baycrest.org

Baycrest

Baycrest is fully affiliated with the University of Toronto.



Contribute your Baycrest stories, news and events at marketing@baycrest.org

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